



## HOW TO SAVE ELECTRICITY

1. Place your refrigerator in a well-ventilated area, with 10 cm of space between the wall and both sides. It is not recommendable to dry clothes on the back of your refrigerator. Check periodically the seals around the door. Do not place hot foods or recipients in your refrigerator.
2. Make maximum use of natural lighting and avoid artificial lighting during daylight hours.
3. Paint your walls with bright colors which help to reflect light.
4. Use florescent bulbs, these last 8 - 15 times longer than incandescent bulbs and use less energy.
5. Use your electric shower heater responsibly. Shut the water off while you are soaping and shampooing. Do not stay in the shower longer than necessary and keep your electric shower heater on the lowest setting.
6. When doing your laundry, make sure to load your machine properly, avoiding overloading or washing too few clothes.
7. Whenever possible, take advantage of solar energy for drying your laundry. If you use an electric dryer, it is recommendable to do this during the night, and to take advantage of residual heat after drying cycles for lighter fabrics.
8. When cooking, use the right sized pots or pans for the discs.
9. Use pots and utensils that transpose heat efficiently and rapidly. These should be dry and have flat bottoms.
10. When using the oven, do not open the door unnecessarily. Use the oven according to its capacity levels. Avoid baking small amounts, as well as overloading your oven. Take advantage of residual heat and turn your oven off shortly before your recipe is fully cooked.

**Do not waste electricity!**

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